

Guides, Masters, Bibi, Silia, Cecilia, Pim



Addictions: The Path of Recovery

Celestial Conversations

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ADDICTIONS: THE PATH OF RECOVERY

Introduction

How can we truly help those who have fallen into the trap of addictions? What is the boundary between loving support and harmful involvement? How do we maintain the necessary firmness without losing compassion?

"Addictions: The Path of Recovery" offers a profound spiritual perspective on one of the most difficult themes of human existence. Through the words of the Guides Ximènes and Grisenda, we discover that the recovery process begins with the recognition of a fundamental truth: every human being naturally tends toward the search for inner peace, even when appearances seem to demonstrate the opposite.

This text explores the concept of "conversion" – changing direction, bringing back onto the right path of Love – and provides spiritual guidance for those who want to help people in difficulty. The Guides show us the importance of holy detachment, the "therapeutic no," and loving firmness in the recovery process.

Topics covered: recognizing the divine seed in every person, individual freedom of choice, the importance of attention to the moment of the request for help, holy detachment from personal emotions, firmness in guidance, rejection of victimhood and manipulation, personal responsibility in the path of redemption.

Includes a letter addressed directly to those who have fallen into the trap of addictions, a powerful invitation to "choose life" and leave the death of artificial paradises.

A text for family members, professionals, and anyone who wants to understand how to offer authentic support without being dragged into the darkness of others, maintaining one's own light as a beacon for those seeking the path of recovery.

Part of the "Celestial Conversations" series – Conversations on Gaia.

Conversion on the Path of Recovery

Conversion is one of the themes we have wanted to address for some time, and now the moment has come.

To convert means to change direction, to bring back onto the right path, that of holy Love.

The Master has taught and demonstrated to us how to convert evil into universal good, how to bring man back to himself. His Christic principles have spoken, with strength and simplicity, of the divine inheritance inherent in each of us.

Remember: every human being naturally tends toward the search for inner peace. Do not let yourselves be deceived by the unholy appearances of each one's personality. Anyone, even if caught up in a situation of disorder, has within themselves the original seed that the holy Father gave before birth.

The understanding of what is the foundation upon which the recovery process of all brothers and sisters can be built is of utmost importance.

The first step is to be clear that every human being naturally tends toward the search for inner peace, and not to let oneself be deceived by the unholy appearances of each one's personality.

The second step is to recognize the freedom, belonging to everyone, in choosing the path to follow, whether this agrees with our expectations or not.

The third point is to tune in deeply (beyond, that is, any non-belonging) with the interior of the one before you, to listen to the true song and understand the base note in order to choose the most appropriate spiritual movement.

Remember: holy detachment is essential. Any earthly emotion must be canceled. I beg you not to misunderstand these words. What I mean is: if I eliminate personal emotions, I will have clarity and calm; if I eliminate egoistic will, I will be free. Only universal love will reign in me, and love, in this sense, is **pure strength, total understanding. It is the Father flowing in us.**

Souls are attracted by the Light released by those who are in themselves, they recognize it and strongly desire it. They open themselves to welcome it.

At this point there is perhaps the most delicate passage, which is that of **attention**. Do not let **the instant of the request** escape you, because in that moment, and only at that point, will you be able to **convert** the one before you!

Remember: in the most difficult moments, and in the most painful situations, Love speaks to guide toward the Light.

Let the Master's words resonate deeply within your soul: *"Truth is not reached through incomplete states. The only way it recognizes is that of clarity and unequivocalty."*

Remember: lukewarm attitudes will have no result, but the great strength of Love will. Respect toward oneself, the life that animates us, and all creation, will guide toward wise choices, which will illuminate the path of those who have gone astray.

It is essential not to take on the negativity of others, whoever they may be, but instead to make sure that the vital movement reaches the ideal conditions of welcome and attraction for those who will want to undertake the path of recovery.

It is essential to free oneself from any misleading emotion, such as guilt, or fear, not to welcome any type of victimhood, and not to fall into the deception of weakness and manipulation. Follow Love, which guides toward the therapeutic no. There is a right time for everything, including that for no, if this means re-educating to the Light.

No one is responsible for the choices of others, because everyone in this entire universe has the possibility of redeeming themselves, but redemption is an act of faith that no one can do for anyone else.

Remember: *"My feet will cross grassy hills, covered with fresh morning dew. They will cross flowering woods, where they will rest lightly in the cool breath of generous trees. Loaded with gifts, they will be called to cross the deserts, and it is there that, with Love, I will have to dispense what has been given to me: it is there that my Father's thirst will be quenched. So be it."*

We love you infinitely

Ximènes and Grisenda

Addictions, Choose Life

One day they asked you to give up yourself, love for life, respect, the desire to fight and to realize your desires.

They offered you an easier and faster way to reach very high peaks of peace and absolute well-being. An artificial paradise for those who, like you, did not believe in the existence of their own.

However, they forgot to tell you that you would have to pay a price for all this. A price much higher than the material one: your life, your dignity as a man and as a human being.

The artificial paradises transformed into personal hells and you, swallowed in the unconsciousness of the risk, continue not to look at yourself, continue to deceive yourself, thinking that it will pass, that, sooner or later, it will resolve itself.

It will not be so, unless you, making a great act of love toward yourself, say enough, I choose life and I leave death.

Nothing else is needed, only this.

Then you will see that the life you have chosen will answer you, and the brothers and sisters who before you have experienced hell, will welcome you to heal you and bring you back to yourself.

You will reclaim your true paradise, the one that asks no prices to be paid, because it is there for you, for your growth, for your happiness.

Then, looking back, you will understand how much you were deceived and, from the pain experienced, the strength that will support you in the present and guide you in the future will spring forth. You will shine like a star, illuminating the path of those who, in the unconsciousness of the risk, will come to ask you for help.

May love for yourself guide you, now and forever.

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This letter is a gift of love for anyone who has fallen into the trap of drugs.

Dearest brothers and sisters, Non-Celestial Energy uses this weapon to put the souls of men to sleep. We want to tell you that, despite so much alarmist information around this topic, which is certainly serious and pressing, there are also many brothers and

sisters who have descended and are working for the recovery of these souls lost, as the letter says, in the unconsciousness of the risk.

Great firmness is required in facing the problem, and the help of these brothers and sisters, who have been forged by the Father to be able to stand up to such types of very negative energies, as they are masked and insinuating. It is very important to remain in one's own serenity nonetheless. Not letting oneself be dragged into the hell of others remains a golden rule in any case, whether it involves drugs, or depressive states, or illness in general, it has no importance.

Only within oneself is it possible to find the right way.

Through love, respect for one's own existence and for one's own path, one becomes an example and attraction for others. It is essential not to fall into the trap of fear, and to let the strength of faith shine.

We love you infinitely,

Ximènes and Grisenda